

Building Your Vision Muscle through the Use of Tacit Knowledge

Tacit Knowledge, a.k.a. your “Vision Muscle”, is the things we know, but don’t yet have words to express. It is the culmination of our lifetime of experiences, along with the experiences and lessons handed down from those who raised us. Other ways to say it is our *sixth sense* or our *gut intuition*; knowledge that is inside us and that we access on a regular basis but haven’t yet, or maybe don’t yet know how to, put into words. It is the thing that entrepreneurs, leaders, creatives, and everyday people put to use to know what they should do next, because they can imagine it, and they know it is right because it *feels right*. It’s hard to quantify, but your own personal visionary knowledge can often be accessed by getting our left brain -- what I like to think of as our resume brain -- out of the way, just for a while, so that we can let loose our own unique creative knowing that is tacit knowledge. As we begin to recognize and trust our own tacit knowledge, we can begin to learn how to intentionally access it in order to help us make decisions that allow us to successfully navigate a sometimes uncertain future. Come along with me for a series of Vision Muscle workshops focused on aspects of work and life where easy access to our vision muscle might be particularly helpful. All of the workshops will be using Vision Muscle strategies, with unique subjects for you to explore based on your own experience, vision and expertise. This self-directed experience will allow you to access your own unique knowledge and leave you with skills that will allow you to call up your Vision Muscle on a regular basis.

Thur July 16, 1-2:15

Building Your Vision Muscle; Work/Life Boundaries

Using visual images and reflective writing, participants will learn how to access their tacit knowledge, or Visioning Muscles, to gain insight into where they currently are in balancing their work/life boundaries, and envision how they would like to develop their balance in the coming years. Join facilitator, entrepreneur and visioning geek Patricia Berry for a hands-on, interactive experience that brings out your natural visioning abilities. Space is limited to seven participants in this workshop, so please sign up early!

Thur July 30, 1-2:15

Building Your Vision Muscle; Career Evolution and Transition

Using visual images and reflective writing, participants will learn how to access their tacit knowledge, or Visioning Muscles, to gain insight into where they are, and where they would like to journey toward in their career. Join facilitator, entrepreneur and visioning geek Patricia Berry for a hands-on, interactive experience that brings out your natural visioning abilities. Space is limited to seven participants in this workshop, so please sign up early!

Tues August 11, 1-2:15

Building Your Vision Muscle; The Leader in ME

Using visual images and reflective writing, participants will learn how to access their tacit knowledge, or Visioning Muscles, to gain insight into where they are, and where they would like to journey toward in developing their leadership abilities. Join facilitator, entrepreneur and visioning geek Patricia Berry for a hands-on, interactive experience that brings out your natural visioning abilities. Space is limited to seven participants in this workshop, so please sign up early!